

NSC Basic Life Support

for Health Care & Professional Rescuers



Instructor-led classroom course

MEETS 2015

CPR & ECC
GUIDELINES



Become an authorized NSC Instructor

If you are currently training with another nationally recognized provider, you may qualify to be grandfathered in as an authorized NSC Instructor.
Upload your instructor credentials at nsc.org/FAinstructor.

National Safety Council 1121 Spring Lake Drive Itasca, IL 60143-3201 (800) 621-7619 nsc.org

Be prepared for emergencies any time, anywhere

This NSC instructor-led classroom course meets CDC, OSHA and NFPA guidelines, as well as the 2015 CPR and ECC Guidelines. It focuses on immediate life-threatening situations; demonstrates quick, effective responses; and presents perspectives on how frequently these situations occur. It's ideal for EMS professionals, firefighters, police, paramedics, lifeguards, athletic trainers, medical assistants and others.

Course content

- ✓ Professional rescuers' role in emergencies
- ✓ Assessing victims' conditions
- ✓ Basic life support, including rescue breathing, cardiac emergencies, CPR airway obstruction and automated external defibrillation use
- ✓ Special resuscitation situations
- ✓ Advanced resuscitation

Course Materials Instructor Resource Kit

- Course DVDs
- Instructor Resource CDs
 - Instructor Manuals (PDF and Word)
 - Instructions for customization of the Instructor Manual
 - PowerPoint for case scenarios
 - Video Preparing to teach NSC First Aid Courses
 - 2015 Guidelines overview PowerPoint
 - Completion card template created in PDF
 - Sample completion card
- Instructor Manual on CD with test bank
- USB with all DVD and CD content
- Student textbook with DVD
- Padfolio

Student Workbook

- Full-color, step-by-step photo sequences, illustrations and skills demonstrations
- Course DVDs featuring real-life scenarios and CPR skills demonstrations
- Nationally recognized course completion card

For more information about all of the NSC First Aid training programs:

visit **nsc.org/firstaid**, call **(800) 621-7619** or contact your local **NSC Chapter**.

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