



NSC First Aid, CPR & AED



**Instructor-led
classroom course**

MEETS 2015

**CPR & ECC
GUIDELINES**



Become an authorized NSC Instructor

If you have first aid training experience with another provider, you may qualify to be grandfathered in as an authorized NSC instructor. Visit nsc.org/FAinstructor.

National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
(800) 621-7619
nsc.org

Our comprehensive courses have been designed using extensive research and educational testing to improve skill mastery and long-term retention. Courses are taught in a dynamic and hands-on way with industry-leading curriculum and content from the expert in occupational first aid training. And when your employees complete their NSC First Aid training, you can rest easy knowing that they have gained the skills and confidence they need to respond in an emergency.

Participants Learn How To:

- ✓ Acting in an Emergency
- ✓ Preventing Disease Transmission
- ✓ Check the Victim
- ✓ Recovery Position
- ✓ Choking
- ✓ Bleeding and Wound Care
- ✓ Shock
- ✓ Burns
- ✓ Bone, Joint and Muscle Injuries
- ✓ Head and Spine Injuries
- ✓ Sudden Illness
- ✓ Poisoning and Allergic Reactions
- ✓ Cold and Heat Emergencies
- ✓ CPR and AED
- ✓ Choking
- ✓ Rescuing and Moving Victims

We never charge processing fees for the nationally recognized NSC Course Completion Card - required for OSHA compliance!

For more information about all of the NSC First Aid training programs:

visit nsc.org/firstaid, call **(800) 621-7619**
or contact your local **NSC Chapter**.

Course Materials

Instructor Resource Kit

- Course DVD
- Instructor Resource CDs
 - Instructor - Manuals (PDF and Word)
 - Instructions for customization of the Instructor Manual
 - PowerPoint for case scenarios
 - Video - Preparing to teach NSC First Aid Courses
 - 2015 Guidelines overview PowerPoint
 - Completion card template created in PDF
 - Sample completion card
- Instructor Manual
- Instructor Workbook
- USB with all DVD and CD content
- Padfolio

Student Workbook

- Step-by-step photo sequences, illustrations and skills presentations
- NSC First Aid Quick Guide
- Course DVDs featuring real-life scenarios and - CPR skills demonstrations
- Nationally recognized course completion cards